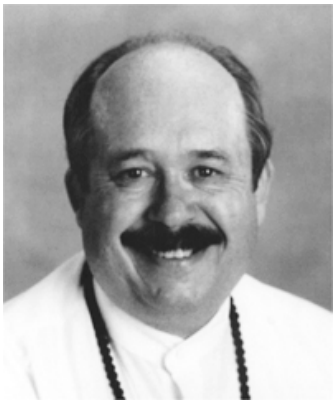
SOYA and Okanagan Yoga Essentials present…

Enlightenment, Samadhi & the Gayatri Mantra

With Namadeva!

From Portland, Oregon



OCTOBER 24 – 26, 2008

Friday 7-10pm; Saturday 9-5pm, Sunday 9-5pm

Is Enlightenment literal? If it is "literal" what kind of *light* operates in us, what is its nature, where does it come from, and what effects does it have? What have very advanced spiritual beings said about it? Can we achieve enlightenment here, in this life? Or is it a just a metaphor? A catch-phrase for peak experience?

Samadhi is a term that the great yogi Patanjali made popular through his Yoga Sutras, but what is it, really? It is a form of enlightenment? Is it a state of Love? Can it be understood at all? What have very advanced spiritual beings said about the various forms and types of samadhi, and how can they be attained? Comments by Maher Baba, Sadguru Dattatreya and others will be explored.

The Gayatri Mantra is called by many scriptures, a "master mantra", containing all states of consciousness and all powers within it. What does this mean to us in the here and now? What do the individual parts of the mantra mean? What is their significance to us? What have many spiritual leaders from India had to say about the Gayatri Mantra and its benefits? Through this workshop you can tap into internal resources that are your spiritual birthright. ***An authentic initiation into the Gayatri Mantra will be offered for those who desire it.***

Friday night, Namadeva will perform Puja, sharing the 1000 names and powers of Gayatri. Over the weekend, Namadeva will take participants through meditation and detailed mantra instruction and explanation, leading specific practices that will enable you to move in the most safe, speedy and expeditious way toward your great spiritual destiny.

Namadeva *(ERYT500) or Thomas Ashley-Farrand, is a disciple of Sadguru Sant Keshavadas and follows lineage holder Guru Rama Mata, Sant Keshavadas' widow. Namadeva has been blessed to spend time with Jagadguru Jayandra Saraswati and Jagadgura Vijayendra Saraswati (Kanchi Math). A storyteller and author of* ***Healing Mantras: Using Sound Affirmations for Personal Power, Creativity, and Healing****, he has been a Vedic priest since 1973 and is an acknowledged expert in Sanskrit mantra and other spiritual disciplines.* *www.sanskritmantra.com*

COST:

Full Weekend:	**$239 plus gst - Early registration** before Sept15th, **$289 plus gst** after Sept 15th
Friday Night Puja Only:	**$35 plus gst**
Saturday OR **Sunday** Only:	**$139 plus gst - Early registration** before Sept 15th **$169** after Sept 15th

Pay by Visa, MasterCard, American Express, Cheque or Cash. 25% Cancellation Fee

LOCATION: **Rotary Centre for the Arts**, 421 Cawston Ave, Kelowna BC.
http://www.rotarycentreforthearts.com/contactus/contact.htm for a map

CONTACT: **SOYA**, Mugs McConnell at 250-492-2587 or info@soyayoga.com