

SOYA RYT200 Hour Teacher Training Immersions

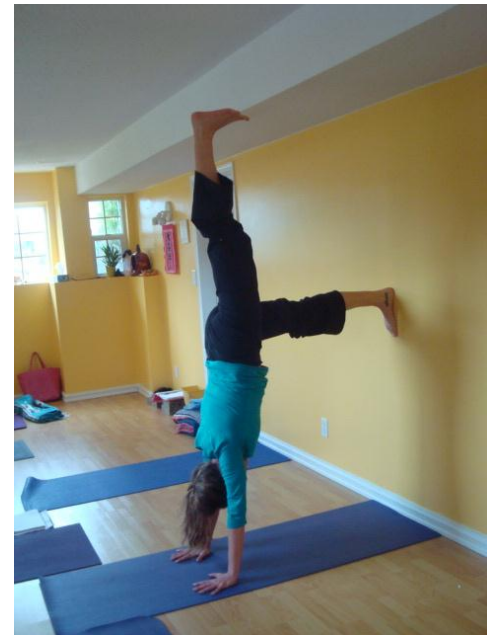
Held in PENTICTON, BC



“I loved the full immersion into the yoga practice... all 8 limbs! It really gave me a taste and understanding of the breadth and width of what yoga is all about. Before I came to this intensive, I had only a glimpse of yoga. Now, I think, my eyes have opened to yoga, and I look forward to discovering, absorbing, what yoga philosophy brings to my life.”



“Overall I loved the program!”



“I feel much better prepared and inspired to teach yoga now! This has been a life-changing experience. Thank you!”





“Fabulous! You all demonstrate the principles of yoga in every way”

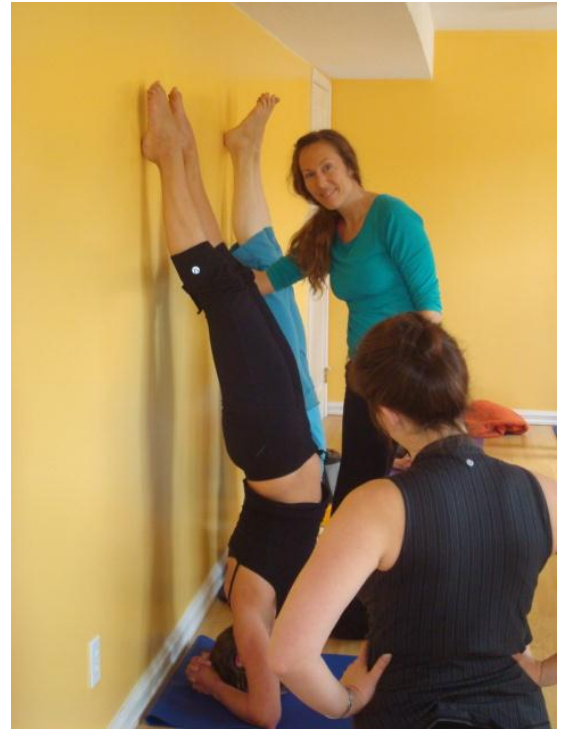
“It was amazing. The days were long, but we were busy so the time went by quickly. Having pre-prepared meals was helpful for me at the end of the day. Good habits were reinforced (neti, japa, meditation)... or rejuvenated I should say.”

“Well defined, comprehensive programs. I particularly enjoyed the asana practices and the variety of teaching techniques that were offered.”

“Teaching staff were excellent! Supportive, nurturing, caring and knowledgeable. Couldn’t ask for a stronger group of instructors.”



“I leave the 2 week intensive with a great deal more confidence and knowledge regarding yoga and the many aspects of the philosophy and practice. My personal practice will carry over into my teaching. Thanks for a remarkable experience!”



“The chanting, meditation and breathing components of the program took some getting used to, but I did!”



“Mugs was right when she said *“Welcome to SOYA. Thanks for choosing us. I believe you have chosen the best teacher training program out here.”* I am glad I allowed God’s will to be done, and am very grateful for this entire experience.”

Congratulations to the graduates of the program!

