



South Okanagan Yoga Academy Yoga Teacher Training
 #281-3980 Squilax-Anglemont Road, Scotch Creek, BC V0E 1M5
 Phone: 250-492-2587
 Email: info@soyayoga.com



To send this form by email, fill in the required information and save the form to a new file name on your desktop. Then send the form as an attachment in an email to the location where you will study.

Application for SOYA Yoga Teacher Training Extended Programs & Philosophy Studies			
Name: _____			
Address: _____			
City: _____	Province: _____	Postal Code: _____	
Email: _____	Phone: _____	Fax: _____	
Are you 19 years of age or over?	_____ Yes _____ No	Birth Date: _____	
Below are several options for Yoga Teacher Training			
Please check the Location for your training:			
_____ Penticton	_____ Prince George	_____ Vancouver	
_____ Calgary	_____ Ft McMurray	_____ Mexico	_____ Other
Please check the Program you are applying for:			
_____ SOYA Philosophy Studies Program (please skip below to # 12 Payment Information)			
_____ SOYA Teacher Training RYT500® hour program (Extended Program over 1-2 years)			
_____ SOYA Teacher Training RYT200® hour program (Extended Program over 1 year)			
_____ SOYA RYT 300® hour Upgrading Program from RYT200® to RYT500® (Extended Program)			
_____ SOYA 200 hour program-Distance Ed* _____ SOYA 500 hour program-Distance Ed*			
* The SOYA Teacher Training by Distance Education is for those students who do not have access to one of our locations for Training. It is not recognized by Yoga Alliance so you will not be eligible for registry with them. This training requires your attendance in Hatha Yoga instruction with approved Yoga Teachers in your area. Upon completion you will be a fully certified SOYA Teacher at the 200 hour or 500 hour level. With the SOYA 500 hour certification you are immediately eligible for Full Teaching Membership with the International Yoga Teachers' Association (IYTA). With 100 hours of teaching experience you are fully eligible to become a 500 Hour Registered Yoga Teacher® with Yoga Alliance.			
Please fill in the requested information below:			
1. Please give full details of your Yoga practice to date:			
(a) When did you first start practicing Yoga in a class? _____			
(b) Where do you attend classes? _____			
(c) Who are your instructor(s), and how long have you attended classes with each teacher? _____			
(d) Who will be your main Hatha Yoga teacher outside of the Teacher Training meetings during your training? You may also submit the names of Yoga Teachers you wish to have approved to work with you. _____ _____			
2. Do you have any experience teaching yoga? _____ Yes _____ No			



(a)	If yes, do you have any Teaching Certification? Are you a RYT200/500® with Yoga Alliance? (please submit copies of your certification documents)	_____
(b)	Please give details of teaching experience, location of classes, number of students, and number of hours per day/week that you have taught over the last three years: _____	_____
3.	Do you have Anatomy and Physiology training recently or in the past?	___ Yes ___ No
4.	Do you have current certification in Emergency or Standard First Aid/CPR?	___ Yes ___ No
5.	Do you require billeting/accommodation if you travel to the training meetings?	___ Yes ___ No
	Can you provide billeting for a student travelling to the meetings?	___ Yes ___ No
6.	___ Should I decide to withdraw before completing the program. I understand there are no refunds on teacher training payments for sessions that have occurred since my entry into the program. If I am less than half-way through the program, my Manual and all unused text books must be returned to SOYA.	
7.	___ I have attached a brief description of my ideals to become a Yoga teacher.	
8.	___ I have signed the Code of Ethics and Waiver below.	
9.	___ I have attached cheques or payment information for the Program as outlined below.	
10.	___ <i>Upon entry into these study programs, I agree not to copy or adapt these lessons/materials in any way for use outside of the SOYA program without permission from SOYA</i>	
11.	Where did you hear about the SOYA Teacher Training? _____	
12. Payment Method:	___ Full payment by cheque (<i>Any Program</i>) ___ Six (6) postdated cheques over the 1 to 2 years, starting on month of entry date (<i>Extended 500 Hour Programs & Philosophy Studies</i>). ___ Three (3) postdated cheques over 1 year, starting on month of entry date (<i>Extended 200 hour and 300 Hour Programs & Philosophy Studies</i>). ___ Payment by e-transfer (for those who use online banking.) ___ Payment by PayPal (Please check if this is available at your location)	

South Okanagan Yoga Academy Waiver

ACKNOWLEDGEMENT AND WAIVER

I, _____, declare the above information to be accurate and true. I acknowledge that I understand that Yoga is not a medical procedure, and the Yoga Teacher will not be providing a diagnosis of any medical problems or concerns, which I may have. I understand that Yoga is a process of integration intended to facilitate wholeness, body-awareness and self-awareness. I also understand that I am solely responsible for my health, safety and well-being. I agree that I will inform the Yoga Teachers of any health concerns I have. I will also inform the Yoga Teachers of any activity or movement which I cannot safely perform, and that I will not perform any activity or movement which I feel is likely to cause me to injure myself. I agree to hold the Yoga Teacher, Okanagan Yoga Essentials and the South Okanagan Yoga Academy harmless from any and all responsibility for any injury which I may sustain during or as a result of my Yoga sessions.

Dated: _____

Signed: _____

Your name typed in the Signature space indicates you have signed this document.



Code of Ethics

- The Golden Rule. Please treat others, as you would like to be treated. A yoga teacher's conscience must always be in agreement with his or her thoughts and actions.
- Act in such a manner so as to maintain and honour yoga traditions, such as clean hair and neat, appropriate dress.
- Practice, study and share the knowledge of yoga with those who seek to know.
- The manner of a yoga teacher should be professional at all times. No teacher of yoga should be guilty of any improper physical contact with any student.
- Practice non-judgment and moderation in all areas.
- Strive to think positive and be positive. Enjoy peaceful thoughts in expanding love and light.
- Strive to daily practice the Yamas: *(see next page)*
 - Non-violence, Truthfulness, Non-stealing, Moderation, Non-possessiveness.
- Strive to daily practice the Niyamas: *(see next page)*
 - Purity, Contentment, Discipline, Self-Study, Surrender to the Divine Spirit.

I, _____ have read and understand that as a SOYA Teacher of Yoga I agree to conscientiously abide by the SOYA Code of Ethics.

Dated: _____

Signed: _____

Your name typed in the Signature space indicates you have signed this document.

Locations

Send your application and payment to the selected location for studies. Addresses are below.

SOYA – Headquarters info@soyayoga.com (only applications for immersions are sent here.)

Primary Instructors Marion (Mugs) McConnell and Dariel Vogel

#281-3980 Squilax-Anglemont Road, Scotch Creek, BC V0E 1M5 (250) 492-2587 Email: info@soyayoga.com

Penticton/ Okanagan Region – Purple Lotus Yoga Studio

Primary Instructor Kamala Wilkie, #102-186 Nanaimo Ave West, Penticton, BC V2A 1N4

(250) 493-0054 Email: info@purplelotusyoga.ca

Vancouver and Lower Mainland Satellite

Primary Instructor Dorothy Fizzell

#101-25 Richmond Street, New Westminster, BC V3L 5P9 (604) 522-4615 Email: dorth12@telus.net

Prince George and Northern Satellite – Chinook Yoga Studio

Primary Instructors Cindy Szekely and Carla Wainwright

PO Box 2601, Mackenzie, BC V0L 2C0 250-997-3519 Email: szekely@mackbc.com

Calgary and Southern Alberta Satellite – Harmony Yoga Studio

Primary Instructor Helen Mikuska

1407 89 Ave. SW, Calgary, Alberta T2V 0W9 403- 809-1402 Email: info@harmonyyogastudio.ca

Fort McMurray and Northern Alberta Satellite – Ananda Center for Balance

Primary Instructors Heather Thomas and Kapila Chugh

114 Demers Ave, Fort McMurray, Alberta T9H 2B1 780-747-3857 Email: info@anandacenter.ca

