

Year	Month	Location	Module	Module Code	Dates	Lead Faculty	Details
2026	November	Mexico	Advanced Anatomy - Physical Body, Advanced Anatomy - Bridging the Subtle and Physical Body, Advanced Anatomy - The Subtle Body, Advanced Pranayama and Svara Yoga, Understanding Trauma, Pain and Power Dynamics in a teacher setting	5,6,7,8,9	Nov 22-Dec 4	Rebecca Stone and Lalita Scott	Daily 7-6pm
2027	November	Mexico	Sacred Words of Power,The Upanishads, Karma and Reincarnation,The HathaYoga Pradipika, Insights in Yoga Lineage	1,2,3,4,10	Nov 21-Dec 3	Rebecca Stone and Lalita Scott	Daily 7-6pm
2028	November	Mexico	Advanced Anatomy - Physical Body, Advanced Anatomy - Bridging the Subtle and Physical Body, Advanced Anatomy - The Subtle Body, Advanced Pranayama and Svara Yoga, Understanding Trauma, Pain and Power Dynamics in a teacher setting	5,6,7,8,9	Nov 26 - Dec 8	Rebecca Stone and Lalita Scott	Daily 7-6pm

2026	February	Online	Advanced Anatomy - Physical Body	5	Feb 3/4/10/11	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2026	March	Online	Sacred Words of Power	1	Mar 14/15/21/22	Mugs McConnell	Sat/Sundays 12-5:30pm MT/CT
2026	January	Online	The Upanishads	2	Jan 8/9/15/16	Rebecca Stone	Thurs/Fridays 9-230pm MT
2027	February	Online	Advanced Anatomy - Physical Body	5	Feb 2/3/9/10	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2027	March	Online	Sacred Words of Power	1	Mar 13/14/20/21	Mugs McConnell	Sat/Sundays 12-5:30pm MT/CT

2027 January	Online	The Upanishads	2 Jan7/8/14/15	Rebecca Stone	Thurs/Fridays 9-230pm MT
2028 February	Online	Advanced Anatomy - Physical Body	5 Feb 1/2/8/9	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2028 March	Online	Sacred Words of Power	1 Mar 11/12/18/19	Mugs McConnell	Sat/Sundays 12-5:30pm MT/CT
2028 January	Online	The Upanishads	2 Jan6/7/13/14	Rebecca Stone	Thurs/Fridays 9-230pm MT
2026 August	Online	Advanced Anatomy - Bridging The Physical and Subtle Body	6 Aug 4/5/11/12	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2026 July	Online	Advanced Anatomy - The Subtle Body	7 July 9/10/16/17	Rebecca Stone	Thurs/Fridays 9-230pm MT
2026 May	Online	Advanced Pranayama and Svara Yoga	8 May 5/6/12/13	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2026 September	Online	Hatha Yoga Pradipika	4 Sept 12/13/19/20	Mugs McConnell	Sat/Sundays 12-5:30pm MT/CT
2026 October	Online	Insights Into Yoga Lineage	10 Oct 8/9/15/16	Rebecca Stone	Thurs/Fridays 9-230pm MT
2026 December	Online	Karma and Reincarnation	3 Dec 15/16/17/18	Rebecca Stone	Tues/Wed/Thurs/Fri 9-2:30pm

2026 April	Online	Understanding Trauma, Pain, and Power Dynamics in Teaching	9	Apr 9/10/16/17	Rebecca Stone	Thurs/Fridays 9-230pm MT Tues/Wednesdays 2-7:30pm MT
2026 November	Online	Yoga of Business	11	Nov 3/4/10/11	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2027 August	Online	Advanced Anatomy - Bridging The Physical and Subtle Body	6	Aug 3/4/10/11	Rebecca Stone	Thurs/Fridays 9-230pm MT
2027 July	Online	Advanced Anatomy - The Subtle Body	7	July 8/9/15/16	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2027 May	Online	Advanced Pranayama and Svara Yoga	8	May 4/5/11/12	Rebecca Stone	Sat/Sundays 12-5:30pm MT/CT
2027 September	Online	Hatha Yoga Pradipika	4	Sept 11/12/18/19	Mugs McConnell	Thurs/Fridays 9-230pm MT
2027 October	Online	Insights Into Yoga Lineage	10	Oct 7/8/14/15	Rebecca Stone	Tues/Wed/Thurs/Fri 9-2:30pm
2027 December	Online	Karma and Reincarnation	3	Dec 14/15/16/17	Rebecca Stone	Thurs/Fridays 9-230pm MT
2027 April	Online	Understanding Trauma, Pain, and Power Dynamics in Teaching	9	Apr 8/9/15/16	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2027 November	Online	Yoga of Business	11	Nov 2/3/9/10	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2028 August	Online	Advanced Anatomy - Bridging The Physical and Subtle Body	6	Aug 8/9/14/15	Rebecca Stone	Thurs/Fridays 9-230pm MT
2028 July	Online	Advanced Anatomy - The Subtle Body	7	July 6/7/13/14	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2028 May	Online	Advanced Pranayama and Svara Yoga	8	May 2/3/9/10	Rebecca Stone	Sat/Sundays 12-5:30pm MT/CT
2028 September	Online	Hatha Yoga Pradipika	4	Sept 9/10/16/17	Mugs McConnell	Thurs/Fridays 9-230pm MT
2028 October	Online	Insights Into Yoga Lineage	10	Oct 5/6/12/13	Rebecca Stone	Tues/Wed/Thurs/Fri 9-2:30pm
2028 December	Online	Karma and Reincarnation	3	Dec 18/19/20/21	Rebecca Stone	

2028 April	Online	Understanding Trauma, Pain, and Power Dynamics in Teaching	9 Apr 6/7/13/14	Rebecca Stone	Thurs/Fridays 9-230pm MT Tues/Wednesdays 2-7:30pm MT
2028 November	Online	Yoga of Business	11 Nov 7/8/14/15	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm PT
2026 January	Penticton	Advanced Pranayama and Svava Yoga	8 Jan 16-18	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2026 March	Penticton	Karma and Reincarnation	3 Mar 13-15	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2026 February	Penticton	Sacred Words of Power	1 Feb 6-8	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2026 April	Penticton	Understanding Trauma, Pain, and Power Dynamics in Teaching	9 Apr 17-19	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2027 February	Penticton	Advanced Anatomy - Physical Body	5 Feb 5-7	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2027 February	Penticton	Advanced Anatomy - The Subtle Body	7 Feb 19-21	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2027 January	Penticton	Hatha Yoga Pradipika	4 Jan 15-17	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2027 April	Penticton	Insights into Yoga Lineage	10 April 16-18	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2027 March	Penticton	The Upanishads	2 Mar 12-14	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2028 January	Penticton	Advanced Anatomy - Bridging The Physical and Subtle Body	6 Jan 14-16	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2028 February	Penticton	Advanced Anatomy - Physical Body	5 Feb 18-20	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2028 March	Penticton	TBA	Mar 10-12	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2028 April	Penticton	TBA	Apr 14-16	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT
2028 February	Penticton	Yoga of Business	11 Feb 4-6	Lalita Scott	Fri 4-9pm, Sat Sun 7-6pm PT

2026 May	Red Deer	Advanced Anatomy - Bridging The Physical and Subtle Body	6 May 1-3	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2026 January	Red Deer	Advanced Anatomy - Physical Body	5 Jan 23-25	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2026 November	Red Deer	Hatha Yoga Pradipika	4 Nov 6-8	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2026 September	Red Deer	Yoga of Business	11 Sept 18-20	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2027 January	Red Deer	Advanced Anatomy - The Subtle Body	7 Jan 22-24	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2027 April	Red Deer	Advanced Pranayama and Svara Yoga	8 Apr 30-May 2	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2027 November	Red Deer	Sacred Words of Power	1 Nov 5-7	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2027 September	Red Deer	The Upanishads	2 Sept 17-19	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2028 September	Red Deer	Insights into Yoga Lineage	10 Sept 15-17	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2028 January	Red Deer	Karma and Reincarnation	3 Jan 21-23	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2028 November	Red Deer	The Upanishads	2 Nov 3-5	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2028 May	Red Deer	Understanding Trauma, Pain, and Power Dynamics in Teaching	9 May 5-7	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm MT
2026 March	Vancouver	Advanced Anatomy - Physical Body	5 Mar 27-29	Rebecca Stone	Fri 4-9pm, Sat Sun 7-6pm PT
2026 April	Vancouver	Insights into Yoga Lineage	10 Apr 17-19	Dorothy Fizzell	Fri 4-9pm, Sat Sun 7-6pm PT
2026 October	Vancouver	The Upanishads	2 Oct 16-18	Dorothy Fizzell	Fri 4-9pm, Sat Sun 7-6pm PT
2027 April	Vancouver	Karma and Reincarnation	3 Apr 16-18	Dorothy Fizzell	Fri 4-9pm, Sat Sun 7-6pm PT

2027 March	Vancouver	Understanding Trauma, Pain, and Power Dynamics in Teaching	9 March 26-28	Rebecca Stone	Fri 4-9pm, Sat Sun 7- 6pm PT
2028 October	Vancouver	Advanced Anatomy - The Subtle Body	7 Oct 13-15	Dorothy Fizzell	Fri 4-9pm, Sat Sun 7- 6pm PT
2028 April	Vancouver	Hatha Yoga Pradipika	4 Apr 14-16	Dorothy Fizzell	Fri 4-9pm, Sat Sun 7- 6pm PT
2027 October	Vancouver	Advanced Anatomy - Bridging The Physical and Subtle Body	6 Oct 15-17	Dorothy Fizzell	Fri 4-9pm, Sat Sun 7- 6pm PT
2026 August	Vancouver or Destination	Advanced Anatomy - The Subtle Body	7 Aug 14-16	Rebecca Stone	Fri 4-9pm, Sat Sun 7- 6pm MT
2027 August	Vancouver or Destination	Yoga of Business	11 Aug 13-15	Rebecca Stone	Fri 4-9pm, Sat Sun 7- 6pm PT
2028 August	Vancouver or Destination	Advanced Pranayama and Svava Yoga	8 Aug 18-20	Rebecca Stone	Fri 4-9pm, Sat Sun 7- 6pm PT
2028 March	Destination	Sacred Words of Power	1 Mar 24-26	Rebecca Stone	Fri 4-9pm, Sat Sun 7- 6pm PT