Year	Month 2026 November	<b>Location</b> Mexico		<b>Module Code</b> 5,6,7,8,9	Dates Nov 22-Dec 4	Lead Faculty Rebecca Stone and Lalita Scott	<b>Details</b> Daily 7-6pm
	2027 November	Mexico	Sacred Words of Power,The Upanishads, Karma and Reincarnation,The HathaYoga Pradipika, Insights in Yoga Lineage	1,2,3,4,10	Nov 21-Dec 3	Rebecca Stone and Lalita Scott	Daily 7-6pm
	2028 November	Mexico	Advanced Anatomy - Physical Body, Advanced Anatomy - Bridging the Subtle and Physical Body, Advanced Anatomy - The Subtle Body, Advanced Pranayama and Svara Yoga, Understanding Trauma, Pain and Power Dynamics in a teacher setting	5,6,7,8,9	Nov 26 - Dec 8	Rebecca Stone and Lalita Scott	Daily 7-6pm
	2026 <b>February</b>	Online	Advanced Anatomy - Physical Body		5 Feb 3/4/10/11	Rebecca Stone	Tues/Wednesdays 2- 7:30pm MT Sat/Sundays 12-
	2026 March	Online	Sacred Words of Power		1 Mar 14/15/21/22	Mugs McConnell	5:30pm MT/CT Thurs/Fridays 9-
	2026 January	Online	The Upanishads		2 Jan 8/9/15/16	Rebecca Stone	230pm MT
	2027 February	Online	Advanced Anatomy - Physical Body		5 Feb 2/3/9/10	Rebecca Stone	Tues/Wednesdays 2- 7:30pm MT Sat/Sundays 12-
	2027 March	Online	Sacred Words of Power		1 Mar 13/14/20/21	Mugs McConnell	5:30pm MT/CT

2027 January 2028 February	Online Online	The Upanishads  Advanced Anatomy - Physical Body	2 Jan7/8/14/15 5 Feb 1/2/8/9	Rebecca Stone Rebecca Stone	Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT
2028 <b>March</b>	Online	Sacred Words of Power	1 Mar 11/12/18/19	Mugs McConnell	Sat/Sundays 12- 5:30pm MT/CT
2028 January	Online	The Upanishads	2 Jan6/7/13/14	Rebecca Stone	Thurs/Fridays 9- 230pm MT
2026 August	Online	Advanced Anatomy - Bridging The Physical and Subtle Body	6 Aug 4/5/11/12	Rebecca Stone	Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9-
2026 <b>July</b>	Online	Advanced Anatomy - The Subtle Body	7 July 9/10/16/17	Rebecca Stone	230pm MT
2026 <b>May</b>	Online	Advanced Pranayama and Svara Yoga	8 May 5/6/12/13	Rebecca Stone	Tues/Wednesdays 2-7:30pm MT
2026 September	Online	Hatha Yoga Pradipika	4 Sept 12/13/19/20	Mugs McConnell	Sat/Sundays 12- 5:30pm MT/CT
2026 October	Online	Insights Into Yoga Lineage	10 Oct 8/9/15/16	Rebecca Stone	Thurs/Fridays 9- 230pm MT
2026 December	Online	Karma and Reincarnation	3 Dec 15/16/17/18	Rebecca Stone	Tues/Wed/Thurs/Fri 9- 2:30pm

		Understanding Trauma, Pain, and			Thurs/Fridays 9-
2026 April	Online	Power Dynamics in Teaching	9 Apr 9/10/16/17	Rebecca Stone	230pm MT
					Tues/Wednesdays 2-
2026 November	Online	Yoga of Business	11 Nov 3/4/10/11	Rebecca Stone	7:30pm MT
		Advanced Anatomy - Bridging The			Tues/Wednesdays 2-
2027 August	Online	Physical and Subtle Body	6 Aug 3/4/10/11	Rebecca Stone	7:30pm MT
					Thurs/Fridays 9-
2027 <b>July</b>	Online	Advanced Anatomy - The Subtle Body	7 July 8/9/15/16	Rebecca Stone	230pm MT
					Tues/Wednesdays 2-
2027 <b>May</b>	Online	Advanced Pranayama and Svara Yoga	8 May 4/5/11/12	Rebecca Stone	7:30pm MT
					Sat/Sundays 12-
2027 September	Online	Hatha Yoga Pradipika	4 Sept 11/12/18/19	Mugs McConnell	5:30pm MT/CT
					Thurs/Fridays 9-
2027 October	Online	Insights Into Yoga Lineage	10 Oct 7/8/14/15	Rebecca Stone	230pm MT
					Tues/Wed/Thurs/Fri 9-
2027 December	Online	Karma and Reincarnation	3 Dec 14/15/16/17	Rebecca Stone	2:30pm
		Understanding Trauma, Dain, and			Thurs / Eridous O
0007 Amril	Online	Understanding Trauma, Pain, and	0. Amin 0/0/45/40	Dahaasa Ctana	Thurs/Fridays 9-
2027 <b>April</b>	Online	Understanding Trauma, Pain, and Power Dynamics in Teaching	9 Apr 8/9/15/16	Rebecca Stone	230pm MT
•		Power Dynamics in Teaching	·		230pm MT Tues/Wednesdays 2-
2027 April 2027 November	Online Online	Power Dynamics in Teaching  Yoga of Business	9 Apr 8/9/15/16 11 Nov 2/3/9/10	Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT
2027 <b>November</b>	Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The	11 Nov 2/3/9/10	Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2-
•		Power Dynamics in Teaching  Yoga of Business	·		230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT
2027 November 2028 August	Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body	11 Nov 2/3/9/10 6 Aug 8/9/14/15	Rebecca Stone Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9-
2027 <b>November</b>	Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The	11 Nov 2/3/9/10	Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT
2027 November 2028 August 2028 July	Online Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body  Advanced Anatomy - The Subtle Body	11 Nov 2/3/9/10 6 Aug 8/9/14/15 7 July 6/7/13/14	Rebecca Stone Rebecca Stone Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2-
2027 November 2028 August	Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body	11 Nov 2/3/9/10 6 Aug 8/9/14/15	Rebecca Stone Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT
2027 November 2028 August 2028 July 2028 May	Online Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body  Advanced Anatomy - The Subtle Body  Advanced Pranayama and Svara Yoga	11 Nov 2/3/9/10 6 Aug 8/9/14/15 7 July 6/7/13/14 8 May 2/3/9/10	Rebecca Stone Rebecca Stone Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT Sat/Sundays 12-
2027 November 2028 August 2028 July	Online Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body  Advanced Anatomy - The Subtle Body	11 Nov 2/3/9/10 6 Aug 8/9/14/15 7 July 6/7/13/14	Rebecca Stone Rebecca Stone Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT Sat/Sundays 12- 5:30pm MT/CT
2027 November 2028 August 2028 July 2028 May	Online Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body  Advanced Anatomy - The Subtle Body  Advanced Pranayama and Svara Yoga  Hatha Yoga Pradipika	11 Nov 2/3/9/10 6 Aug 8/9/14/15 7 July 6/7/13/14 8 May 2/3/9/10	Rebecca Stone Rebecca Stone Rebecca Stone	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT Sat/Sundays 12- 5:30pm MT/CT Thurs/Fridays 9-
2027 November 2028 August 2028 July 2028 May 2028 September	Online Online Online Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body  Advanced Anatomy - The Subtle Body  Advanced Pranayama and Svara Yoga	11 Nov 2/3/9/10 6 Aug 8/9/14/15 7 July 6/7/13/14 8 May 2/3/9/10 4 Sept 9/10/16/17	Rebecca Stone Rebecca Stone Rebecca Stone Rebecca Stone Mugs McConnell	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT Sat/Sundays 12- 5:30pm MT/CT
2027 November 2028 August 2028 July 2028 May 2028 September	Online Online Online Online Online	Power Dynamics in Teaching  Yoga of Business Advanced Anatomy - Bridging The Physical and Subtle Body  Advanced Anatomy - The Subtle Body  Advanced Pranayama and Svara Yoga  Hatha Yoga Pradipika	11 Nov 2/3/9/10 6 Aug 8/9/14/15 7 July 6/7/13/14 8 May 2/3/9/10 4 Sept 9/10/16/17	Rebecca Stone Rebecca Stone Rebecca Stone Rebecca Stone Mugs McConnell	230pm MT Tues/Wednesdays 2- 7:30pm MT Tues/Wednesdays 2- 7:30pm MT Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT Sat/Sundays 12- 5:30pm MT/CT Thurs/Fridays 9- 230pm MT

2028 April 2028 November	Online Online	Understanding Trauma, Pain, and Power Dynamics in Teaching Yoga of Business	9 Apr 6/7/13/14 11 Nov 7/8/14/15	Rebecca Stone Rebecca Stone	Thurs/Fridays 9- 230pm MT Tues/Wednesdays 2- 7:30pm MT
2026 January	Penticton	Advanced Pranayama and Svara Yoga	8 Jan 16-18	Lalita Scott	Fri 4-9pm, Sat Sun 7- 6pm PT
2026 <b>March</b>	Penticton	Karma and Reincarnation	3 Mar 13-15	Lalita Scott	Fri 4-9pm, Sat Sun 7- 6pm PT
2026 February	Penticton	Sacred Words of Power	1 Feb 6-8	Lalita Scott	Fri 4-9pm, Sat Sun 7- 6pm PT
2026 <b>April</b>	Penticton	Understanding Trauma, Pain, and Power Dynamics in Teaching	9 Apr 17-19	Lalita Scott	Fri 4-9pm, Sat Sun 7- 6pm PT Fri 4-9pm, Sat Sun 7-
2027 February	Penticton	Advanced Anatomy - Physical Body	5 Feb 5-7	Lalita Scott	6pm PT Fri 4-9pm, Sat Sun 7-
2027 February	Penticton	Advanced Anatomy - The Subtle Body	7 Feb 19-21	Lalita Scott	6pm PT
2027 January	Penticton	Hatha Yoga Pradipika	4 Jan 15-17	Lalita Scott	Fri 4-9pm, Sat Sun 7- 6pm PT Fri 4-9pm, Sat Sun 7-
2027 <b>April</b>	Penticton	Insights into Yoga Lineage	10 April 16-18	Lalita Scott	6pm PT Fri 4-9pm, Sat Sun 7-
2027 <b>March</b>	Penticton	The Upanishads Advanced Anatomy - Bridging The	2 Mar 12-14	Lalita Scott	6pm PT Fri 4-9pm, Sat Sun 7-
2028 January	Penticton	Physical and Subtle Body	6 Jan 14-16	Lalita Scott	6pm PT Fri 4-9pm, Sat Sun 7-
2028 February	Penticton	Advanced Anatomy - Physical Body	5 Feb 18-20	Lalita Scott	6pm PT
2028 <b>March</b>	Penticton	TBA	Mar 10-12	Lalita Scott	Fri 4-9pm, Sat Sun 7- 6pm PT Fri 4-9pm, Sat Sun 7-
2028 <b>April</b>	Penticton	ТВА	Apr 14-16	Lalita Scott	6pm PT
2028 February	Penticton	Yoga of Business	11 Feb 4-6	Lalita Scott	Fri 4-9pm, Sat Sun 7- 6pm PT

		Advanced Anatomy - Bridging The			Fri 4-9pm, Sat Sun 7-
2026 <b>May</b>	Red Deer	Physical and Subtle Body	6 May 1-3	Rebecca Stone	6pm MT
					Fri 4-9pm, Sat Sun 7-
2026 January	Red Deer	Advanced Anatomy - Physical Body	5 Jan 23-25	Rebecca Stone	6pm MT
					Fri 4-9pm, Sat Sun 7-
2026 November	Red Deer	Hatha Yoga Pradipika	4 Nov 6-8	Rebecca Stone	6pm MT
					Fri 4-9pm, Sat Sun 7-
2026 September	Red Deer	Yoga of Business	11 Sept 18-20	Rebecca Stone	6pm MT
	5 15		7.1.0004	<b>5</b> .1	Fri 4-9pm, Sat Sun 7-
2027 <b>January</b>	Red Deer	Advanced Anatomy - The Subtle Body	7 Jan 22-24	Rebecca Stone	6pm MT
	5 15			D. I	Fri 4-9pm, Sat Sun 7
2027 <b>April</b>	Red Deer	Advanced Pranayama and Svara Yoga	8 Apr 30-May 2	Rebecca Stone	6pm MT
0007 N	D 15	0 104 1 15	4 N . 5 7	D. I	Fri 4-9pm, Sat Sun 7
2027 November	Red Deer	Sacred Words of Power	1 Nov 5-7	Rebecca Stone	6pm MT
0007 0	Dad Daan	The Haranish ada	0.0	D.b Ot	Fri 4-9pm, Sat Sun 7
2027 September	Red Deer	The Upanishads	2 Sept 17-19	Rebecca Stone	6pm MT
2020 Cantambar	Dod Door	Innighta into Vaga Lingaga	10 Cont 15 17	Dobooo Ctono	Fri 4-9pm, Sat Sun 7
2028 September	Red Deer	Insights into Yoga Lineage	10 Sept 15-17	Rebecca Stone	6pm MT
0000 lamuam.	Red Deer	Karma and Reincarnation	3 Jan 21-23	Rebecca Stone	Fri 4-9pm, Sat Sun 7
2028 January	Red Deel	Kaima anu Keincamation	3 Jd11 21-23	Repecca Stolle	6pm MT Fri 4-9pm, Sat Sun 7
2028 November	Red Deer	The Upanishads	2 Nov 3-5	Rebecca Stone	6pm MT
2028 November	Red Deel	me opanishaus	∠ NOV 3-5	Repecca Stolle	ομιιι Μι
		Understanding Trauma, Pain, and			Fri 4-9pm, Sat Sun 7
2028 <b>May</b>	Red Deer	Power Dynamics in Teaching	9 May 5-7	Rebecca Stone	6pm MT
			5a, c /		Fri 4-9pm, Sat Sun 7
2026 March	Vancouver	Advanced Anatomy - Physical Body	5 Mar 27-29	Rebecca Stone	6pm PT
		, , ,			Fri 4-9pm, Sat Sun 7
2026 April	Vancouver	Insights into Yoga Lineage	10 Apr 17-19	Dorothy Fizzell	6pm PT
•			·	·	Fri 4-9pm, Sat Sun 7
2026 October	Vancouver	The Upanishads	2 Oct 16-18	Dorothy Fizzell	6pm PT
		·		•	Fri 4-9pm, Sat Sun 7
2027 <b>April</b>	Vancouver	Karma and Reincarnation	3 Apr 16-18	Dorothy Fizzell	6pm PT

		Understanding Trauma, Pain, and			Fri 4-9pm, Sat Sun 7-
2027 March	Vancouver	Power Dynamics in Teaching	9 March 26-28	Rebecca Stone	6pm PT
					Fri 4-9pm, Sat Sun 7-
2028 October	Vancouver	Advanced Anatomy - The Subtle Body	7 Oct 13-15	Dorothy Fizzell	6pm PT
					Fri 4-9pm, Sat Sun 7-
2028 April	Vancouver	Hatha Yoga Pradipika	4 Apr 14-16	Dorothy Fizzell	6pm PT
		Advanced Anatomy - Bridging The			Fri 4-9pm, Sat Sun 7-
2027 October	Vancouver	Physical and Subtle Body	6 Oct 15-17	Dorothy Fizzell	6pm PT
	Vancouver or				Fri 4-9pm, Sat Sun 7-
2026 August	Destination	Advanced Anatomy - The Subtle Body	7 Aug 14-16	Rebecca Stone	6pm MT
	Vancouver or				Fri 4-9pm, Sat Sun 7-
2027 August	Destination	Yoga of Business	<i>11</i> Aug 13-15	Rebecca Stone	6pm PT
	Vancouver or				Fri 4-9pm, Sat Sun 7-
2028 August	Destination	Advanced Pranayama and Svara Yoga	8 Aug 18-20	Rebecca Stone	6pm PT
	Vancouver or				Fri 4-9pm, Sat Sun 7-
2028 March	Destination	Sacred Words of Power	1 Mar 24-26	Rebecca Stone	6pm PT